

# The Newsletter of the parishes of



St. Alban at Pelaw



St. Patrick at Felling



Our School

[www.stalbangateshead.org](http://www.stalbangateshead.org)

**In Gateshead in the week 27th July to 2nd August there were 589 recorded cases, a decrease of 244 from the previous week, which equates to 292 cases per 100,000 people. The average area in England had 257 cases over the same period.**

19th Sunday of the Year  
8th August, 2021

**We need everyone to  
keep Gateshead safe**

**Covid-19 control measures are  
in place in our Church for your safety**

Dear Parishioners

Please remember that in the light of Bishop Robert's instruction issued on 16th July, 2021, **the wearing of face coverings, sanitising your hands, 2 metre social distancing, cleaning the church after each celebration and the maximum capacity of 70 for any celebration remain in place within St. Patrick's Church until at least the end of August when the Bishop will review our situation.**

I hope you will be understanding and accepting of the protocols you are asked to follow. It is important for us all to remember, Covid has not gone away! The Bishop is concerned for the well-being of everyone who attends our churches.

We thank our volunteer stewards for their generosity in making it possible to open St. Patrick's Church for Mass on Tuesday at 10.00, when no booking will be needed, and on Sunday at 10.30 when booking is advised to guarantee a place.

*To reserve a place for Mass next Sunday, 15th August,  
please telephone **07526 232124** on Friday, 13th August between **17.00 - 19.00.***

This number will be unavailable outside of the above hours. Text messages cannot be accepted as a method of booking.

You will be encouraged to provide your name and telephone number to comply with the NHS Test and Trace system and also the number in your family if you are attending as a household. You should only sit with members of your own household or bubble. On arrival at the church you will be welcomed by a steward and your name will be checked against the booking list. If you have not pre-booked please bring your contact details in an envelope and place them in the box at the front of the church or give your details to the outside stewards. Alternatively you can use the QR Code displayed at the entrance to the Church using the NHS Covid App

*For Mass on Tuesday, where booking is not required, you are invited to bring your Test and Trace details in an envelope and place them in the box in church*

**There are still places available for Mass this Sunday, 8th August, offered on a first come first served basis. Please bring Test and Trace details if you haven't reserved a place. You will receive a warm and reassuring welcome.**

## We are still in need of your support

If we are going to be able to reopen St. Alban's Church and fully reopen St. Patrick's Church and parish centre once all the Covid restrictions have been removed, I need your help and support to fulfil the roles outlined in our shared parish Roadmap which was circulated at the beginning of May. If you do not have a copy, please email [felling.stpatrick@rcdhn.org.uk](mailto:felling.stpatrick@rcdhn.org.uk) or telephone 0191 495 2277 and one will be sent to you.

**Currently we do not have sufficient offers of help and support to be able to reopen St. Alban's Church and will be struggling to fully reopen St. Patrick's Church and parish centre when the Covid restrictions are lifted.**

If you can commit yourself to help in either church when all the Covid Restrictions have been removed, whenever that may be, please contact me as soon as possible



If you have helped in either church before the pandemic and no longer feel able to continue in your previous role; if you wish to continue helping as you have done in the past or if you would like to help in any of the ways outlined in our shared parish Roadmap **for the first time**, please get in touch as soon as possible.

In the meantime, keep safe and keep an ever watchful eye on each other. May God bless us all and continue to watch over us.

*Fr. Patterson*

## Mass to view on line

Mass is live streamed from our Cathedral on Sunday at 11.30 and may be viewed on the [Cathedral website](#). There will be no weekday Masses streamed until 1st September.

Alternatively, you may like to follow Mass from the [Holy Name, Jesmond](#) celebrated live at 10.00 on Sunday, Tuesday, Wednesday, Thursday and Friday. These Masses may also be viewed later from the same website.

## Mass Intentions

With the exception of Sunday and Tuesday, Fr. Patterson will celebrate Mass privately during the week remembering the following Intentions. *Bishop Robert asks that face coverings should be worn when attending Church.*

Monday: Knock, Hughes and Kelly Families

**Tuesday 10.00 in St. Patrick's Church** Lavinia and Alexander Henderson

Wednesday: Susan Harland

Thursday: Funeral Mass for Peter Crinnion; **by invitation only - Covid restrictions still apply in the Church**

Friday: The sick, their families, NHS staff & Care Workers

Saturday: Fr "P's" intentions

**Sunday, 10.30 in St. Patrick's Church—booking is advised** : For the intentions of all our parishioners

When you are unable to celebrate Mass in Church, you may wish to make this act of spiritual communion:-  
*Lord Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.*

## Please keep in your prayers this week:

- all our parishioners who are sick, housebound or in hospital and Fr. Kevin Daly who is still poorly in hospital.
- all those near and dear to us whose memories we cherish at this time especially Wilfrid Knock and Lavinia Henderson
- and Peter Crinnion who has died. "Receive Lord into tranquillity and peace the soul of your servant whom you have called from this life. May he be taken up into glory with your Son in whose great mystery of love we are all united.



## A Prayer for Carers, Nurses and Doctors

Lord Jesus, who healed the sick and gave them new life, be with doctors, nurses and carers, as they act as agents of your healing touch. In desperate times, keep them strong yet loving; and when their work is done, be with them in their weariness and in their tears. Amen.

## A prayer for those who are afraid

God of all hope we call on you today.

We pray for those who are living in fear:

Fear of Covid-19, fear for loved ones, fear of what the future holds.

May your Spirit give us a sense of calmness and peace. Amen.



As of Friday 6th August  
130,178 people have  
died of the coronavirus  
in our country

May they  
rest in Peace



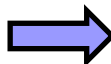
## Let us pray

Gracious God, as we remember before you the thousands who have died from the coronavirus, surround us and all who mourn with your compassion. Be gentle with us in our grief, protect us from despair and give us grace to persevere and face the future with hope. We make this prayer in Jesus Christ our risen Lord. Amen.

## Your ongoing financial support is welcomed and needed

Fr. Patterson continues to be grateful for your offerings during these difficult times and is especially grateful to those parishioners who regularly contribute to parish funds by standing order helping us meet the regular financial commitments of our churches.

*The details for standing orders and cheques are*



You may bring your envelopes to Mass on Tuesdays or Sundays or drop them through the presbytery letterbox. **For security reason, envelopes should not be put through the letterbox of St. Alban's Presbytery.**

For St. Patrick's HSBC Bank  
Account name: DHN Felling St Patrick  
Sort code: 40-34-18  
Account No: 52010453

For St. Alban's HSBC Bank  
Account name: DHN Pelaw St Alban  
Sort code: 40-34-18  
Account No: 92010984

## Diocesan Year of the Eucharist

Bishop Robert has announced that a Year of the Eucharist will be celebrated in the Diocese starting on Sunday, 17th October. It will be launched at St Mary's Cathedral and simultaneously with the launch of the Synod of Bishops in Rome. He has defined the aims of the Year of the Eucharist as:

- To celebrate the Eucharist at the heart of the life and mission of the Church and to gather people back.
- To grow as a Diocese in our love and appreciation of the Eucharist.
- To deepen our appreciation of the liturgical celebration of the Eucharist through the rites.
- To revitalise and renew our faith through a deepening prayer and devotion of the Eucharist.
- To go out and serve the world through the nourishment of the Eucharist.

The Year of the Eucharist will be celebrated in Episcopal Areas, Partnerships, Parishes and Schools and will provide a framework of prayer for the Diocese's participation in the first stage of the Synod.

The Synod, to be held in Rome in 2023, will begin with a period of consultation and discernment from 17 October this year. The Synod, which is entitled 'For a Synodal Church: Communion, Participation, Mission', will involve consultation with all of the faithful across the world. For more information and the processes involved, please visit [Catholic Bishops Conference of England and Wales \(cbcew.org.uk\)](http://Catholic Bishops Conference of England and Wales (cbcew.org.uk))

## The Sacrament of Baptism

Following Bishop Robert's decision to extend the Covid restrictions to at least the end of August, we are still unable to open St. Patrick's Church for anything other than Mass on a Sunday and Tuesday and for funerals at present.

His decision also prevents us from reopening the parish centre. As a result, we are not in a position to be able to offer the necessary baptismal preparation for parents who are considering presenting their child to the Church for Baptism.

Fr. Patterson regrets that it will still not be possible to offer the Sacrament of Baptism in St. Patrick's Church until the situation improves. Please keep an eye on the Newsletter for further information.

### Things you need to know about having your child baptised.

For a child to be baptised in the Catholic Church, one parent must be a baptised Catholic.

A child should be baptised in the parish in which their family lives and in the church they regularly attend. Parents who live outside our shared parish of St Patrick's and St Alban's and who wish to have their child baptised here, must regularly attend St Patrick's Church.

To ensure that parents have a living awareness of the commitment having their child baptised entails, namely promising to bring their child up in the practice of the Catholic faith, they will be invited to attend a series of preparation sessions, after which they will decide, along with the priest, whether they should proceed with having their child baptised.

Please note that no date for baptism can be considered until the preparation is completed and the parents feel able to make the commitment the Church asks of them.

## Donations received

Fr. Patterson is very grateful for two donations received this week of £40.00 and £10.00 for St. Patrick's parish funds. Thank you.

## Community Counselling Service

Bheith Ann is a brand-new Community Counselling Service available to all residents of Felling and the wider Gateshead area and is taking referrals for those individuals with issues such as Bereavement and Grief, Loneliness, Stress, Anxiety, Depression, Relationship Problems, Post-Trauma Experiences and Bullying.

This is a free confidential service. It is delivered by a team of dedicated, trained counsellors and strictly in line with national, professional Codes of Ethical Practice.

All referrals are treated with the utmost respect, confidentiality, compassion and care. To make a referral, please ring the Bheith Ann Referral Helpline on 07425 768 957. If you simply want more information about the Service and how it works, please ring Neil Campbell (Service Co-Ordinator) on 07903 239 983.

## Parish News by Email

If you are aware of parishioners who would like to receive the Newsletter and other news from the parish by email, please ask them to email Fr. Patterson at [felling.stpatrick@rcdhn.org.uk](mailto:felling.stpatrick@rcdhn.org.uk) and they will be added to our contact list. The Newsletter may also be found on [our parish website](#)

## Should I still wear a mask?



Professor Tim Spector of the ZOE COVID Study comments:-

Many people have become used to wearing masks in public spaces, but others find them uncomfortable or difficult to wear, especially for long periods.

The government is encouraging people to exercise their common sense and personal responsibility, rather than enforcing mask-wearing by law. People have also asked whether there is any point in wearing a mask if everyone around you is unmasked.

If you are comfortable wearing your mask, we recommend doing so in crowded indoor settings, even if the people around you can't be convinced to do the same. Even one mask in a group of people can reduce the risk of Covid spreading, protecting yourself and others.

Despite the lifting of restrictions and a return to relative normality, there are still tens of thousands of new cases every day, according to our data.

Thankfully, vaccines have successfully weakened the link between the number of cases and hospitalisations and deaths, with fewer people getting seriously ill with COVID-19. However, there's still a risk of becoming infected, even if you've been double-jabbed. Although you're unlikely to become seriously ill, you can still pass the virus on to others who are unvaccinated or less well protected by vaccination.

Unfortunately, the Delta variant means that transmission is now easier than ever, and even a tiny droplet containing the virus can cause infection. As long as it's properly worn, a mask helps to prevent you from breathing in airborne droplets from those around you, reducing the risk of catching the virus. It also helps protect others from whatever you're breathing out, especially if you're infected without knowing.

By cutting infections and transmission, we can protect unvaccinated and vulnerable people, as well as reducing the number of people developing long Covid. Covid-19 transmission is easiest in crowded, indoor areas, which is why we recommend wearing a mask in these situations, even if you have had both of your vaccines.

### Respect one another

We've lived through a lot since this pandemic started so let's be kind and respect one another. Be aware of personal space and personal choice. Some people might not be ready to hug, kiss, shake hands or reduce social distance. Don't assume what people are comfortable with. Instead, ask them and respect their personal choices.

## ZOE Covid Study update

From comments Fr. Patterson has received, many of you are appreciating the weekly update from the Zoe Covid Study. This week's video is presented by Dr. Claire Steves, as Professor Tim Spector is taking some holiday. To watch the video click [here](#). Her comments on "early symptoms" of Covid are worth a listen.

Remember too that there are more symptoms of Covid emerging, namely a headache accompanied by a runny nose, sore throat, sneezing and a persistent cough. It may just be a summer cold, but check it out by taking a Lateral Flow Test. These kits are available from the local chemist, are free of charge and simple to use.

## Regional update

You may find this data from our region of interest. Figures are as of 6th August, 2021

	New cases in the last 7 days	People who have died in the last 7 days	People with Covid in NHS Trust Hospitals on 3rd August	Percentage of adults having had 1st jab	Percentage of adults having had 2nd jab
Gateshead	733	4	43 (QE Hospital)	84%	70%
Newcastle	961	5	71 (Newcastle)	72%	54%
South Tyneside	455	5	81 (+ Sunderland)	82%	70%
North Tyneside	611	2	39 (Northumbria)	87%	74%