

# The Newsletter of the parishes of



St. Alban at Pelaw



St. Patrick at Felling



Our School

[www.stalbangateshead.org](http://www.stalbangateshead.org)

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22nd Sunday of the Year  
28th August, 2022

**We need everyone to  
keep Gateshead safe**



Dear Parishioners

So often we live fragmented and compartmentalised lives.

We have a work life, school life, family and home life, internet life, recreational life, political and civic life, church life.

This fragmentation allows us to place each of those different aspects of our life as the priority depending on where we are, who we are with, and what we are doing.

Jesus teaching changes all that. He tells us there can be only one priority and it is to inform and shape the whole of who we are and what we do on him.

It means we are to be the same person with the same values, principles, and beliefs regardless of where we are, who we are with, or what we are doing.

It means everything we say, do, choose and are arises from and reveals our life in and love of Christ

*May God bless you all.*

*Fr. Patterson.*

## All are welcome

Everyone is welcome to join us for the celebration of Mass in St. Patrick's and St. Alban's churches. In recent times, it has been a joy to welcome people of other faiths or none who have come to join us in worship.

Currently, only baptised Catholic people are able to receive Holy Communion and we ask that when you approach the altar you extend your hands towards the minister who will place the sacred host in your hand which you should then consume immediately before returning to your place.

If you are not a Catholic or are indisposed to receive Holy Communion, you are invited to come forward at the appropriate time and receive a blessing, indicating your desire by folding an arm across your chest.

## Felling Male Voice Choir and the Tyneside A Cappella Choir Concert

These two choirs will be coming to St. Patrick's Church for a Concert on Saturday, 24th September from 18.30 - 21.00.

**It will be an all ticket event. Tickets cost £8.00.**

We have been allocated twenty tickets for our parishioners which are now available to purchase after Mass in both churches. Tickets will initially be restricted to two per household. Further tickets may become available nearer to the Concert. Tickets are also available from both Choirs.

## Mass Intentions

Fr. Patterson will celebrate Mass for the following Intentions during the coming week.

With the exception of Wednesday and Friday all Masses and Services are open to everyone to attend.

Monday: No Mass

**Tuesday: 10.00 in St. Patrick's Church:** Brian Quigley

Wednesday: (Private Mass) John Donald

**Thursday: 10.00 in St. Patrick's Church:** In Thanksgiving (AC)

Friday: (Private Mass): Father Richard Harriott

**Saturday: 18.00 in St. Alban's Church:** For the intentions of all our parishioners

**Sunday: 10.00 in St. Patrick's Church:** Maureen Johnson

## Mass to view on line

Mass is live streamed from our Cathedral on a Sunday. Visit the [Cathedral website](#).

Alternatively, you may like to follow Mass from [the Holy Name, Jesmond](#). Visit the website for Mass times this week.

When you are unable to celebrate Mass in Church, you may wish to make this act of spiritual communion:-

*Lord Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.*

## Please keep in your prayers:

- all our parishioners who are sick, housebound or in hospital
- and all those near and dear to us whose memories we cherish at this time especially Maureen Johnson

## A Prayer for those who have died from Covid

Gracious God, as we remember before you all those people who have died from the coronavirus, surround us and all who mourn with your compassion. Be gentle with us in our grief, protect us from despair and give us grace to persevere and face the future with hope. We make this prayer in the name of Jesus Christ our risen Lord. Amen.

## A Prayer for Carers, Nurses and Doctors

Lord Jesus, who healed the sick and gave them new life, be with doctors, nurses and carers, as they act as agents of your healing touch. In challenging times, keep them strong yet loving; and when their work is done, be with them in their weariness and in their tears. Amen.

## A Prayer for Ukraine

Father, hold the people of Ukraine deep in your heart. Protect them from violence, political gamesmanship and from being used and abused. Give the nations of the world the courage and wisdom to stand up for justice and the courage to care generously. Take from us those traits that see us pursuing our own needs and wants before those of others. Teach us to live in love, dignity and respect, following your ways. We ask this in your name and for your sake. Amen

## The Relics of St Bernadette

In September and October this year, the Relics of St Bernadette will journey on pilgrimage through England, Scotland, and Wales offering opportunities for prayer, reflection, and spiritual renewal for people to experience the special gifts and charisms of Lourdes. "By inviting us to venerate the mortal remains of the saints, the Church does not forget that, in the end, these are indeed just human remains, but they are remains that belonged to individuals touched by the transcendent power of God. The relics of the saints are traces of that invisible but real presence which sheds light upon the shadows of the world and reveals the Kingdom of Heaven in our midst." (Pope-Emeritus Benedict XVI)

The relics will be brought to St Mary's Cathedral, Newcastle from 11.00 on Saturday 1st October until 11.00 on Sunday 2nd October. Registration must be made to gain access to the Cathedral. For further information, please visit [Registration - St Bernadette](#)

## Bishop Barron's Sunday Sermons

Each week Bishop Barron offers a Sunday sermon which may be accessed [here](#)

## Holy Island Pilgrimage

Cafod are organising a Pilgrimage to Holy Island on Saturday, 3rd September inviting pilgrims to reflect on global food systems. Pilgrims are invited to meet at the Island's Causeway at 11.00. Mass will be celebrated in St. Mary's Church at 15.00 departing the Island at 16.00. For more information email Mark Maughan at [mmaughan@cafod.org.uk](mailto:mmaughan@cafod.org.uk).

## What do Catholics believe and why? - Please note change of date for the introductory meeting

If you would like to know more about what Catholics believe, perhaps with a view to considering becoming a member of the Catholic Church, you may be interested in a series of talks which will take place in St. Patrick's parish centre on Tuesday evenings at 19.00 for around one hour 15 minutes. Topics covered look at the history of the Church, the Bible, the Sacraments of the Church and prayer. You will have the opportunity to suggest any areas that you would like to know more about.

Please feel free to come along to an information evening on 13th September at 19.00 in St. Patrick's parish centre for a short introduction to the programme and a chance to ask any questions you may have. If you need any more information please contact Alan on 07976402023 or, if you know a priest, you may wish to have a quick word with him too.

## A stay in Hospital

If you or any members of your family are going into hospital and would like to see the Catholic Chaplain, please ask a member of the ward staff to contact the Catholic Chaplain. Alternatively you can contact the Chaplaincy Department Office directly. For the Queen Elizabeth Hospital telephone 0191 445 2072 (Catholic Chaplain: Rev Paul Nichol). For the RVI and Freeman Hospitals in Newcastle telephone 0191 233 6161 (Catholic Chaplain: Fr Mariadass 0191 273 3903).

**In an emergency, please ask the ward sister to contact the on call Catholic chaplain. Please do not contact your own parish priest who will be unable to respond due to current hospital protocols.**

## The Diocesan Emmaus Bereavement Support Service

Whilst family and friends can be immensely supportive in coping with a bereavement, sometimes a bereaved person may wish to talk to someone outside of their immediate circle. The Emmaus Bereavement Support Team, trained in the Ministry of Consolation, is available to support those who wish to talk about their loss. As the post-Covid restrictions have eased, support can now be offered face to face. The Emmaus Bereavement Support Service number is 07732 980740 - please leave your name and number and a member of the team will get in touch with you. Emmaus information cards are available in both churches.

## Refreshments after Mass

Refreshments will next be served in St. Patrick's parish centre after Mass on Sunday, 4th September. Currently, we can only offer refreshments on the first and third Sunday of the month due to a shortage of volunteers. Could you join the rota to help make tea and coffee on a more regular basis? If so, contact Maureen Hodgson.

## Cost of Living

For information from a range of organisations for anyone who needs help with cost of living issues, click [here](#)

## Do you want to help? Please consider making your weekly offering by Standing Order

To relieve the pressure on our "Counting Teams" in both St. Alban's and St. Patrick's, it would be greatly appreciated if parishioners would consider making their offering to either St. Alban's or St. Patrick's by Standing Order. The details you require to set up a standing order can be found below. If you would like to help by join a counting team, please contact Terry or Christine Harbron for St. Alban's or Maureen Hodgson for St. Patrick's.

For St. Alban's HSBC Bank  
Account name: DHN Pelaw St Alban  
Sort code: 40-34-18 Account No: 92010984

For St. Patrick's HSBC Bank  
Account name: DHN Felling St Patrick  
Sort code: 40-34-18 Account No: 52010453

If you are a tax payer and are not a member of the parish gift aid scheme, please consider joining the scheme, it costs you nothing and the parish benefits by being able to reclaim the tax you have already paid on your offering. The parish receives 25p of every £1.00 you give from HMRC. All that is required, is for you to complete a simple form which does not involve you disclosing any personal financial information and is held securely by the Diocesan Finance Office. To obtain a form, or for more information, please email John, our Gift Aid organiser for both St. Alban's and St. Patrick's at [stpatrick.giftaid@outlook.com](mailto:stpatrick.giftaid@outlook.com)

## Celebrate safely in our churches.

Both St. Alban's and St. Patrick's churches continue to follow the National Guidelines for Churches issued by the Bishops' Conference of England and Wales which are as follows:

- If you are displaying any symptoms of Covid-19 you should stay at home.
- Hand sanitiser will continue to be offered as you enter and leave church.
- You may wear a face covering during the celebration of Mass - the choice is yours.
- Indoor congregational singing can take place with a general encouragement that face coverings are worn.
- Although there is no formal social distancing by way of seating, we ask that when you take your seat, you are sensitive to the needs of other people who are already in a bench and may not be comfortable if you "snuggle up" to them. We have plenty of seating space.
- We will invite you to come forward for Holy Communion, row by row from the front. Holy Communion will continue to be distributed under one kind only.
- It is still important to ventilate our buildings. This has the effect of diluting and dispersing viral particles
- Our "welcomers" will be on hand to greet you and care for you

### St. Alban's Church.

St. Alban's Church is now open for a Vigil Mass on Saturdays at 18.00. Parishioners are asked to enter and leave the church by the main doors only. Following advice from the Diocesan Health and Safety Officer, the side door should only be used as an emergency exit.

Following Bishop Robert's advice with the current level of help we have available to us, we are only able to open the church on a Saturday evening. For the time being, **it will remain closed during the week for all services.** Bishop Robert has asked Fr. Patterson to review the situation after the summer to assess the level of need and support.

### ZOE fortnightly update - Covid cases continue to decline

In his video this week, Professor Tim Spector discusses the polio detection in London sewers and how worried we should be about it, the ZOE Blood Pressure Study and the initial results, the latest COVID data on rates as well as which symptoms have reduced the most over the last month now that Omicron BA.5 is dominant. He also discusses the COVID drug Evusheld and the UK government's decision to retract its use. The update may be accessed [here](#).



The updated symptoms of Omicron may be found [here](#).

*This weeks data from the Office of National statistics* may also be of interest to you, showing the percentage of people testing positive for coronavirus continues to decrease in England where the estimated number of people testing positive for COVID-19 was 1,211,100, equating to 2.22% of the population, or around 1 in 45 people. Click [here](#) to view.

### Please get vaccinated

The Catholic Church continues to promote the participation of everyone in the Covid vaccination programme as part of its mitigation of virus transmission in church and ancillary buildings. Pope Francis also urges us to do so [in this video message](#).

### Regional update

You may find this data from our region of interest. Figures are as reported on 24th August, 2022.

Data is now only being updated by Gov.UK once a week on Wednesdays

○ = no change

	New Covid cases for 13 - 19 Aug	People who have died for 13 - 19 Aug	People with Covid in NHS Trust Hospitals on 23rd August	Percentage of those aged 12 and over having had		
				1st jab	2nd jab	Booster
Gateshead	112 ↓	3 ↓	48 (QE Hospital) ↓	85% ○	80% ○	64% ○
Newcastle	142 ↓	1 ↓	35 (Newcastle) ↓	75% ○	70% ○	54% ○
South Tyneside	79 ↓	0 ↓	59 (+ Sunderland) ↓	83% ○	79% ○	63% ○
North Tyneside	115 ↓	1 ↓	42 (Northumbria) ↓	88% ○	84% ○	69% ○