

The Newsletter of the parishes of



St. Alban at Pelaw



St. Patrick at Felling



Our School

www.stalbansgateshead.org

St. Patrick's Presbytery
9 High Street
Felling
Gateshead
NE10 9LT

Tel. No 0191 495 2277

St. Alban's Primary School
Tel. No 0191 469 3251

4th Sunday of Lent 10th March, 2024

The following celebrations will take place during the days ahead.

Saturday: (9th Mar) 18.00 Mass in St. Alban's Church: The Parishioners Intentions

Sunday: (10th Mar) 10.00 Mass in St. Patrick's Church: Catherine Palmer

Tuesday: (12th Mar) 10.00 Funeral Mass in St. Patrick's Church: Pat Powell

Thursday: (14th) 10.00 Funeral Mass in St. Patrick's Church: Betty Wasp

Saturday: (16th) 18.00 Mass in St. Alban's Church: Andrew Sloan

Sunday: (17th Mar) 10.00 Mass in St. Patrick's Church: The Parishioners Intentions

Tuesday: (19th Mar) 10.00 Mass in St. Patrick's Church: In Thanksgiving

Mass to view on line

Mass is live streamed from the [Holy Name, Jesmond](#) on Saturdays and Sundays only for the month of March.

When you are unable to celebrate Mass in Church, you may wish to make this act of spiritual communion:-

Lord Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you and unite myself wholly to you. Never permit me to be separated from you. Amen.

Please keep in your prayers:

- all our parishioners who are sick, housebound or in hospital
- all those whose memories we cherish at this time especially Andrew Sloan and Bill Harland
- and Fr. John McElhone, Fr. Paddy Kennedy (Curate at St. Patrick's from Aug 1962 to May 1966), Fr. Kevin Bolger, Fr. Mark Whelehan and Katherine Patterson who have died. May they rest in the peace of the Risen Lord

Holy Hour

There will be a Holy Hour at St Joseph's, Gateshead on Wednesday, 13th March from 19.00, providing an opportunity to pray that the current attempt to decriminalise abortion up to birth will be rejected by MPs

A Prayer for Mothering Sunday

Thank you for mams and for all the joy of family life.
Be with those who are grieving because they have no mother;
be close to those who are struggling because they have no children;
be near to those who are sad because they are far apart from those they love.
Let your love be present in every home,
and help your church to have eyes to see and ears to hear the needs of all who come.
We ask this in the name of Jesus Christ our Lord

(released on 2nd March, 2024 by the Church of England)

Summary of Listening Exercises, and Bishop Stephen's Response

On our [Diocesan website](#) you will find all the summaries from the various Listening Exercises that have been conducted throughout the Diocese since last summer. In Bishop Stephen's response to what has been presented to him, he reflects on the past, the present state of 'where we are at' and our future together. The documentation is lengthy. Should you require a hard copy please contact Fr. Patterson.

Lenten Reflections

The Diocesan Vicariate for Faith and Mission has produced booklets of Daily Lenten Reflections which are available for viewing, downloading and printing from the Diocesan website, using this link: <https://bit.ly/DHNLentReflections>



The Path to Jerusalem

A journey in prayer and liturgy from

Ash Wednesday, 14th February to Palm Sunday, 24th March

A moment for a "Learning step"

Has prayer become a rather mechanical action for you? Pope Francis has warned us about this phenomenon of becoming mechanical in our prayer and has written a book about "The Our Father." You will be offered a sheet as you leave our churches this weekend containing a few extracts that might help to reawaken your interest in prayer, increase understanding of how and why we pray and help you to feel closer to the beauty of the prayer given to us by Jesus himself.—

Healing and Forgiving Steps

On Thursday, 21st March in St. Patrick's parish centre, there will be an opportunity to take another few steps - or for some, it may be a leap, when we are invited to gather to reflect on God's mercy, healing and forgiveness which he offers to us in the hope that we will show mercy and forgiveness to one another. There will be an opportunity for sacramental confession for those who may wish to celebrate it.

Nurturing Steps – A liturgy based on the Feeding of the Five Thousand followed by a Lenten Lunch

Quiet Steps - Encouragement to quiet personal prayer. Selecting a time and place each week to spend in prayer, supported by the weekly distribution of our prayer sheets.

Feel free to join in as many steps of our Journey as you can manage or suits your circumstances and remember whatever steps you take you will be sharing in the journey. Dates of the various steps will be announced each week. If you would like to help us with further planning of the journey, please contact Kevin Rhodes, Trisha McGinley . Alternatively email the parish office felling.stpatrick@rcdhn.org.uk.

Celebrate Holy Week and Easter with one another

The following services will take place in St. Patrick's Church.

The Mass of the Lord's Supper on Holy Thursday (28th March) at 18.00;

The Solemn Celebration of the Lord's Passion on Good Friday (29th March) at 15.00

The Solemn Celebration of the Vigil of Easter on Holy Saturday (30th March) at 17.30

The Mass of the Resurrection on Easter Sunday (31st March) will be celebrated

at 9.30 in St. Alban's Church by Fr. Stanley

and at 10.00 in St. Patrick's Church by Fr. Patterson

Gift Aid Scheme

Are you aware that if you are a UK tax payer and make an offering to our church collection you could join the Gift Aid Scheme enabling our parishes to gain an extra 25% of your offering, at no extra cost to you. If you feel you could be a part of the Gift Aid Scheme, please email the Parish Gift Aid Organiser, John Gillum at stpatrick.giftaid@outlook.com for further details or have a word with Fr. Patterson.

Thank you to those who already Gift Aid their offerings. We have been able to claim back from HMRC £1,637.75 for St. Alban's and £4,034.52 for St. Patrick's for the tax year 2022/23.

Your offerings are our sole source of income

Although we do not take a collection at Mass by passing round a basket, we do hope you will feel able to make an offering towards the upkeep and running costs of our churches in one of the boxes you will find at the entrances to our churches. Alternatively you may consider making your offering by Standing Order the details of which are below.

For St. Alban's: Account name: DHN Pelaw St Alban: Sort code: 40-34-18 Account No: 92010984

For St. Patrick's: Account name: DHN Felling St Patrick: Sort code: 40-34-18 Account No: 52010453

4th Sunday of Lent March 10th – Gospel Quote

Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life.

MONDAY – Mar. 11th

Prayer after Communion

Lord, I thank You for this precious Gift of Holy Communion. I thank you for coming to me in such an intimate and perfect way. Help me to always be obedient to Your command to receive You faithfully. And each time I am privileged to receive You, help me to be fully attentive to Your divine presence. Jesus, I trust in You.

Amen

Thursday - Mar. 14th

Breathe into me, Spirit of God, that I may think what is holy. Drive me, Spirit of God, that I may do what is holy.

Draw me, Spirit of God, that I may love what is holy. Strengthen me, Spirit of God, that I may preserve what is holy. Guide me, Spirit of God, that I may never lose what is holy. Amen.

(Traditional Prayer of the Catholic Church)

Saturday - Mar. 16th

May the Strength of God guide us.
May the Power of God preserve us.
May the Wisdom of God instruct us.
May the Hand of God protect us.
May the Way of God direct us.
May the Shield of God defend us.
May the Angels of God guard us.
- Against the snares of the evil one.

May Christ be with us!
May Christ be before us!
May Christ be in us,
Christ be over all!

May Thy Grace, Lord,
Always be ours,
This day, O Lord, and forevermore. Amen.
(In preparation for Feast of St. Patrick)

Tuesday – Mar. 12th

God is for us a refuge and strength, a helper close at hand, in time of distress, so we shall not fear though the earth should rock, though the mountains fall into the depths of the sea.

The Lord of hosts is with us: the God of Jacob is our stronghold.

(Psalm 45)

Wednesday - Mar. 13th

The Angelus

V. The angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit. Hail Mary...

V. Behold the handmaid of the Lord

R. Let it be done unto me according to your word. Hail Mary...

V. And the Word was made flesh

R. And dwelt among us. Hail Mary...

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ. Let us pray:

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ your Son was made known by the message of an angel, may, by his Passion and Cross, be brought to the glory of his Resurrection through the same Christ, our Lord. Amen.

Friday - Mar. 15th

THE SERENITY PRAYER

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.

Amen.

5th Sunday of Lent March 17th

The key that opens the door to faith is prayer. But it is one thing to pray, and another thing to say prayers.

POPE FRANCIS