

First reading **Sirach 15:15-20**
 If you desire, you will keep the commandments, and to act faithfully is a matter of choice. He has placed before you fire and water: stretch out your hand for whichever you wish. Life and death are in front of people, and whichever one chooses will be given to him. For great is the wisdom of the Lord; he is mighty in power and sees everything; his eyes are on those who fear him, and he knows a person's every deed. He has not commanded anyone to be ungodly, and he has not given anyone permission to sin.

Responsorial Psalm Blessed are those who walk in the law of the LORD! Ps 119




- | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. Blessed are those whose way is blameless,
who walk in the law of the LORD!
Blessed are those who keep his decrees!
With all their hearts they seek him. | 2. You have laid down your precepts
to be carefully kept.
May my ways be firm
in keeping your statutes. |
| 3. Deal bountifully with your servant,
that I may live and keep your word.
Open my eyes, that I may see
the wonders of your law. | 4. LORD, teach me the way of your statutes,
and I will keep them to the end.
Grant me insight that I may keep your law,
and observe it wholeheartedly. |

Second reading **1 Corinthians 2:6-10**
 Brothers and Sisters: Among the mature we do impart wisdom, although it is not a wisdom of this age or of the rulers of this age, who are doomed to pass away. But we impart a secret and hidden wisdom of God, which God decreed before the ages for our glory. None of the rulers of this age understood this, for if they had, they would not have crucified the Lord of glory. But, as it is written, ‘What no eye has seen, nor ear heard, nor the heart of man imagined, what God has prepared for those who love him’. these things God has revealed to us through the Spirit. For the Spirit searches everything, even the depths of God.

Gospel Acclamation
 I thank you, Father, Lord of heaven and earth,
 you have revealed the secrets of the kingdom to little children.

Gospel **Matthew 5:20-22a, 27-28, 33-34a, 37**
 At that time: Jesus said to his disciples, ‘I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven. ‘You have heard that it was said to those of old, “You shall not murder; and whoever murders will be liable to judgement.” But I say to you that everyone who is angry with his brother will be liable to judgement. ‘You have heard that it was said, “You shall not commit adultery.” But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart. ‘Again you have heard that it was said to those of old, “You shall not swear falsely, but shall perform to the Lord what you have sworn.” But I say to you: Do not take an oath at all. Let what you say be simply “Yes” or “No”; anything more than this comes from evil.’

The Newsletter of the Parishes of St Alban's Pelaw & St Patrick's Felling

St Alban's at Pelaw
St Patrick's at Felling
Our School at Pelaw

Part of the John Ingram Partnership of Parishes

Fr Martin Stempczyk

Deacon Kevin Atkinson

St Patrick's Presbytery, 9, High Street, Felling, Gateshead NE10 9LT

Parish E-Mail:	stpatrick.felling@diocesehn.org.uk	Tel: 0191 - 4952277
Parish Website:	www.stpatricks-felling.co.uk	
School Website:	https://stalbanspelaw.bwcet.com/	Tel: 0191 - 4693251
Diocesan Website:	www.diocesehn.org.uk	
Chaplain to the QE:	Deacon Paul Nichol	Tel: 0191 - 4452072

The Diocese of Hexham & Newcastle Registered Charity Number: 1143450

6th Sunday of Year A - 15th February 2026

MASS TIMES AND INTENTIONS					
Sat	14 th	6 th Sun of Year A	St A	6.00pm	Brian Grace Jnr
Sun	15 th		St P	10.00am	People of the Parishes
Mon	16 th	Weekday	St P	10.00am	L & D of McCabe & Murray Families
Tue	17 th	Weekday			No Service
Wed	18 th	Ash Wednesday	St A	10.00am	People of the Parishes
			St P	6.30pm	Patrick, Patsy, Rafferty
Thu	19 th	Weekday of Lent	St P	10.00am	Service of Word & Holy Communion
Fri	20 th	Weekday of Lent	St A	10.00am	Priest's Intention
Sat	21 st	1 st of Lent Year A	St A	6.00pm	People of the Parishes
Sun	22 nd		St P	10.00am	Rosemary Harvey (Cullen)
St A = St Alban's; St P = St Patrick's Weekday Masses at St Patrick's are Celebrated in the Parish Centre Weekday Masses at St Alban's are Celebrated in the Chapel in the Presbytery The Sacrament of Reconciliation - available on Request					

*The Season of Lent begins this Wednesday with the distribution of ashes.
 This tradition is meant to remind us of the shortness of our lives and, therefore,
 to help us to focus on what really matters – living in the light and knowledge
 of the Lord's love for us.*

The Order of Mass can be found on **Page 200**
in the **middle of your Hymn Books** indicated by the grey page markers.
The Gloria is on page 202. **The Creed** is on page 205.

Journeying with the Word of God

'the Spirit searches everything, even the depths of God.'

Today's readings reveal God's law as something different from human-made laws, which are imposed on people to keep them in check. God's law is born in love and given in love, and is fulfilled by our loving response to it.

Because God does not impose the law, we are always free to choose our response. God's loving and wise care (**Second Reading**) means that we are supported in our response (**First Reading**).

When we do respond lovingly, we will experience happiness on earth (**Psalms**) and know greatness in God's kingdom (**Gospel**).

Let's ask for the grace, in the coming week, to really seek the Lord with all our hearts. And to respond to the circumstances of our daily lives with loving wisdom, knowing that in everything we are being guided, held and encouraged by God's law of love.

The Season of Lent begins this Wednesday with the distribution of ashes. There will be two Masses this day, 10.00am at St Alban's, which will be led by the school children and 6.30pm at St Patrick's. All welcome.

Something to Follow for Lent: A Lenten Course focussed on helping people enter more deeply into prayer will be offered on **Wednesday evenings during Lent in St Patrick's Parish Centre, Felling at 6.30pm**, starting Wed 25th February. The course will offer lots of practical tips, wisdom from the bible, stories from the saints, and advice about common difficulties people face when praying. Each hour long session is based on a short filmed presentation by Fr. Stephen Wang, (Who is also the author of the Sycamore RCIA Course). Topics covered include:

Session 1 PRAYER FOR BEGINNERS Session 2 SEVEN RULES OF PRAYER
Session 3 PRAYING WITH THE BIBLE Session 4 HOW TO PRAY THE MASS
Session 5 SILENT PRAYER AND THE PRESENCE OF GOD

All are most welcome to attend all or any of these sessions.

Stations of the Cross will be celebrated during Lent on Fridays as follows:

Friday 27 th Feb.	12noon in St Patrick's Church Hall, CAFOD Stations
Friday 6 th March	10.30am in St Alban's Church
Friday 13 th March	12noon in St Patrick's Church Hall
Friday 20 th March	2.45pm in St Alban's Church – led by Year 6
Friday 27 th March	12noon in St Patrick's Church Hall
Friday 3 rd April,	10.00am in St Alban's Church

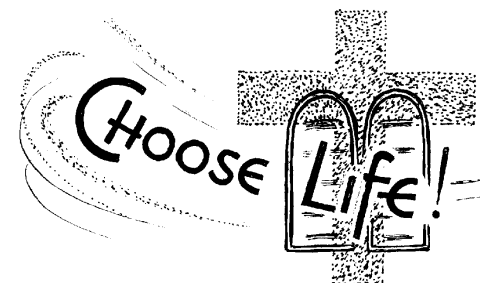
If you would like to help lead any of these, please let Fr Martin know.

Children's Liturgy will be offered every Sunday during Lent at St Patrick's. February 22nd, March 1st, 15th, 22nd and 29th. All primary school age children are welcome.

Diocesan Lenten Reflection Resources: Lenten resources are available on the homepage of the [diocesan website](#). This includes **We Dare to Ask** which is a resource for small group faith-sharing and for individual meditation, featuring five sessions on the theme of our Baptismal Vocation. Each session includes scripture, prayers and a reflection with questions as we prepare to renew our baptismal promises at Easter. The booklet, which includes a foreword by Bishop Stephen, is available to view and download now.

CAFOD Family Fast Day will take place on **Friday 27th February**. Next Weekend you will be able to collect your **CAFOD fast day envelope**, to be returned on the collection plate.

The next Partnership RCIA meeting will be on Tues 17th February, 6.30pm at St Patrick's, Felling.



Thank you for your offerings: We ask you to please consider **making your offering by Standing Order**. This is by far the easiest way to donate, either on a weekly or monthly basis. (Details below). If you pay income tax **why not consider "Gift Aiding" your offering. At no cost to you, the parish receives 25p for every £1.00 you donate.** All you need is to complete a simple Gift Aid form which may be obtained from the parish office at stpatrick.felling@diocesehn.org.uk

For St. Alban's:

Account name: DHN Pelaw St Alban
Sort code: 40-34-18
Account No: 92010984

For St. Patrick's:

Account name: DHN Felling St Patrick
Sort code: 40-34-18
Account No: 52010453

Safeguarding: Our parishes operate in accordance with Statutory Safeguarding Guidance and the Catholic Safeguarding Standards Agency (CSSA) and Diocesan policies and procedures at all times. Our Parish Safeguarding Representatives are listed at the back of Church or alternately the Diocesan Team can be contacted on 0191 2433305 or at safeguarding@diocesehn.org.uk.