

First reading

Zechariah 9:9-10

Thus says the Lord: Rejoice greatly, O daughter of Sion! Shout aloud, O daughter of Jerusalem! Behold, your king is coming to you; righteous and having salvation is he, humble and mounted on a donkey, on a colt, the foal of a donkey. I will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle bow shall be cut off, and he shall speak peace to the nations; his rule shall be from sea to sea, and from the River to the ends of the earth.

Responsorial Psalm I will bless your name for ever, my God and king. Ps 145

1. I will extol you, my God and king,
and bless your name for ever and ever.
I will bless you day after day,
and praise your name for ever and ever.
2. The LORD is kind and full of compassion,
slow to anger, abounding in mercy.
How good is the LORD to all,
compassionate to all his creatures.
3. All your works shall thank you, O LORD,
and all your faithful ones bless you.
They shall speak of the glory of your reign,
and declare your mighty deeds.
4. The LORD is faithful in all his words,
and holy in all his deeds.
The LORD supports all who fall,
and raises up all who are bowed down.

Second reading

Romans 8:9, 11-13

Brothers and Sisters: You are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you. So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh. For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.

Gospel Acclamation

I thank you, Father, Lord of heaven and earth,
you have revealed the secrets of the kingdom to little children.

Gospel

Matthew 11:25-30

At that time Jesus declared, 'I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; yes, Father, for such was your gracious will. All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

The Newsletter of the Parishes of St Alban's Pelaw & St Patrick's Felling



St Alban's at Pelaw



St Patrick's at Felling



Our School at Pelaw

Part of the John Ingram Partnership of Parishes

Fr Martin Stempczyk St Patrick's Presbytery, 9, High Street, Felling, Gateshead NE10 9LT
Deacon Kevin Atkinson

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Parish Website:	www.stpatricks-felling.co.uk	
School Website:	https://stalbanspelaw.bwcet.com/	Tel: 0191 - 4693251
Diocesan Website:	www.diocesehn.org.uk	
Chaplain to the QE:	Deacon Paul Nichol	Tel: 0191 - 4452072

The Diocese of Hexham & Newcastle Registered Charity Number: 1143450

14th Sunday of Year A - 5th July 2026

MASS TIMES AND INTENTIONS					
Sat	4th	14th Sunday Year A	St A	6.00pm	People of the Parishes
Sun	5th		St P	10.00am	Tommy Graham
Mon	6 th	Weekday	St P	10.00am	Harry Donald
Tue	7 th	Weekday			<i>No Service</i>
Wed	8 th	Weekday	St A	10.00am	Catherine Rafferty
Thu	9 th	Weekday	St P	10.00am	Nancy & Norman Foster (LDFM)
Fri	10 th	Weekday	St A	10.00am	Margaret & Brian Pankhurst
Sat	11th	15th Sunday Year A	St A	6.00pm	People of the Parishes
Sun	12th		St P	10.00am	Allan Neil

St A = St Alban's; St P = St Patrick's
 Weekday Masses at St Patrick's are Celebrated in the Parish Centre
 Weekday Masses at St Alban's are Celebrated in the Chapel in the Presbytery
The Sacrament of Reconciliation available on Request and
First Saturday of each month: 10.00-10.15am at St Patrick's and 5.30-5.45pm at St Alban's

'We must dream of and build a more humble Church; a Church that bends down to wash the feet of humanity; a Church that does not judge but becomes a welcoming place for all; a Church that does not close in on itself but remains attentive to God so that it can similarly listen to everyone'.

(Pope Leo)

The Order of Mass can be found on Page 200
in the **middle of your Hymn Books** indicated by the grey page markers.
The Gloria is on page 202. The Creed is on page 205.

Journeying with the Word of God
'My yoke is easy and my burden is light'

This week's readings speak of our need to entrust all that we are and all that we do, to our God who will guide and help us.

The **First Reading** speaks of our joy in the power of the Lord to overcome war and violence, and bring the peace of his kingdom. We pray for the gentle and lowly way of proceeding that is God's way for us.

St. Paul (**Second Reading**) reminds us that the Holy Spirit living within us will give us life and show us the way to live.

Jesus speaks of the need to come to him with a child-like trust: he knows we cannot understand or fulfil all that he asks of us in our own strength (**Gospel**). We may try, but find our labouring is burdensome. Instead, as we go about our daily tasks this week, we begin by quietly entrusting ourselves to the Lord, asking him to reveal to us all that is required for each day.

If we allow ourselves to rest in the Lord, trusting him for one step at a time, we will find the way is easy and light, and full of joy. Then we may give praise with the **psalmist** who discovered that "how good is the Lord to all, compassionate to all his creatures".

We pray for Catherine Boyle who died recently. A funeral service for Catherine will be held at St Alban's Church on Wed 15th July 12noon, followed by burial at Heworth Cemetery. May she rest in peace.

The Diocesan Justice and Peace Project are at present supporting 479 Asylum Seekers who are waiting for a decision and who receive some government support. 30 have had their claim refused and are destitute. They all receive a bag of essentials valued at approximately £10 and those who are destitute also receive a supermarket voucher. The project relies on donations especially such as rice, tinned fish, chickpeas, tomatoes, biscuits and toiletries. These can be left at the entrance of St Alban's or at either entrance to St Patrick's.

A Cheese and Wine evening will be held in the Parish Centre at St Patrick's on **Friday 10th July 7.30pm**. All welcome. **Tickets only £7.00 for adults, children free**. All money raised to go to the Parish Centre Reburishment.

Thank you for your cards and prayers at the death of my dear brother Peter. Greatly appreciated. Fr Martin.

Newman Tyneside Circle invites you to come and hear Tom O'Loughlin speak on Luke 5:27-32 as a discipleship text: Christian hospitality and the contemporary rejection of liturgy, in the hall of Holy Name Church, Jesmond, Newcastle, NE2 3JX, on **Tuesday 14 July 2026, at 7.30pm**.

Congratulations to Fr Ian Patterson who this weekend celebrates his golden anniversary of ordination. We keep him in our prayers.

Diocesan Pilgrimage to Rome and Assisi will be Led by Bishop Stephen, **22nd – 29th October 2027**. £1725 per person. The itinerary etc. can be found on diocesan website (www.diocesehn.org.uk). Still a few places left.

The Diocesan Pastoral Discernment – John Ingram Partnership: On Wednesday 24th June laity and clergy met for a second time to explore a partnership response for Bishop Stephen and the diocese. The following common strands emerged:-

- a clear understanding that we cannot continue as we are
- a willingness to face difficult realities honestly
- the beginnings of a shared direction across the Partnership

This is an important place to have reached. At our next meeting (**16th July**), we will take a further step. We will not return to open-ended discussion. Instead, we will begin to identify a small number of clear Partnership priorities, which can then be developed into a plan. This will happen through smaller groups, based on geography, working to look at the current structures and resources and the issues we face. Thank you again for the time, honesty and care so many have given to this process so far.



Thank you for your offerings: We ask you to please consider **making your offering by Standing Order**. This is by far the easiest way to donate, either on a weekly or monthly basis. (Details below). If you pay income tax **why not consider "Gift Aiding" your offering. At no cost to you, the parish receives 25p for every £1.00 you donate**. All you need is to complete a simple Gift Aid form which may be obtained from the parish office at stpatrick.felling@diocesehn.org.uk

For St. Alban's:

Account name: DHN Pelaw St Alban
Sort code: 40-34-18
Account No: 92010984

For St. Patrick's:

Account name: DHN Felling St Patrick
Sort code: 40-34-18
Account No: 52010453

Safeguarding: Our parishes operate in accordance with Statutory Safeguarding Guidance and the Catholic Safeguarding Standards Agency (CSSA) and Diocesan policies and procedures at all times. Our Parish Safeguarding Representatives are listed at the back of Church or alternately the Diocesan Team can be contacted on 0191 2433305 or at safeguarding@diocesehn.org.uk.